

COURTSIDE RACQUET CLUB

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TIME TO SIGN-UP FOR FALL!

JUNIOR *and*
ADULT CLINICS

CHALLENGER
circuit



Puppy
Pound

**Doubles
League**



**Late Nite
Doubles League**

pickleball
@COURTSIDE

"Social Pickle"

**&
FALL
CLINICS**

Have something to share? Please send relevant pictures, articles, or other tennis related material to Steveb@courtsideracquet.com.



We are on Facebook and Instagram!
[@CourtsideRacquetClub](https://www.facebook.com/CourtsideRacquetClub) and [@Courtsidepickleball](https://www.instagram.com/Courtsidepickleball)

THE COURTSIDER

FALL 2026



To all our Summer Campers!

From the bottom of our hearts, thank you! Thank you for filling our club with your laughter, your energy, and your incredible spirit every single day this summer.

We love having you here more than words can say. Whether you're smashing forehands or just cheering on your friends you make Courtside feel like the best place on earth.

You always remind us why we love what we do. The fun, the memories made, and the bonds you have built have meant the world to every coach and team member.

Thank you for choosing us, for working hard, for playing even harder, and for making this summer one we'll never forget. We can't wait to welcome you back again and again.

With endless appreciation from
The Entire Courtside Racquet Club Team

COURTSIDE
RACQUET CLUB
www.courtsideracquet.com

Inside...
What the TYPTI!?
Steve's Tennis Tip
Enclosed: Fall Registrations



WHAT THE TYPTI?!

Exciting News For Racquet Sports Enthusiasts: **TYPTI** Arrives This Fall At COURTSIDE !

Courtside Racquet Club is thrilled to announce the upcoming launch of TYPTI, the revolutionary new racquet sport that's quickly gaining popularity among players of all ages and skill levels. Get ready for a fresh, fast-paced addition to the club's lineup this fall.

WHAT IS TYPTI?

TYPTI is an innovative racquet sport that blends the best elements of tennis, badminton, and pickleball into one incredibly fun experience. Played on a standard 20x44 pickleball court with a regulation pickleball net, it uses a compact 22-inch carbon fiber racquet and a unique 3.5-inch channeled foam ball. typti.com.

The game delivers explosive action, heavy spin potential, high bounces, and creative shot-making. Its soft foam ball keeps noise to a minimum while allowing for powerful, expressive rallies—making it ideal for indoor or noise-sensitive environments. Many players describe it as “the most fun racquet sport” because it improves hand-eye coordination, footwork, and strategy while feeling approachable for beginners and challenging for seasoned athletes.

Born decades ago as a short-court training tool and now refined for modern courts, TYPTI serves as a perfect bridge between tennis and pickleball. It offers the elegance and power of tennis, the quick reflexes of badminton, and the social, accessible vibe of pickleball—all in one dynamic package.

WHY YOU'LL LOVE TYPTI

- **Fast-paced and engaging.** Ideal for players seeking variety or a new challenge.
- **All skill levels welcome.** Easy to learn, difficult to master.
- **Arm-friendly and quiet.** The foam ball reduces impact and noise compared to traditional balls.
- **Skill transfer.** Great cross training for tennis and pickleball players.

Whether you're a dedicated tennis player looking to sharpen your reflexes, a pickleball enthusiast wanting more spin and power, or someone new to racquet sports, TYPTI promises hours of excitement and friendly competition.

STAY TUNED...

Courtside will be offering TYPTI clinics, open play sessions, leagues, and introductory programs. The club's world-class facilities and experienced staff are perfectly positioned to introduce this exciting sport to the local community. And we have the demo equipment so you can try it out!

We will be announcing exact dates, registration details, demo events, and special launch promotions soon via our website, email newsletters, and social channels.

It's a whole new way to play! We can't wait to see you on the courts swinging a TYPTI racquet this fall!

For more information about TYPTI, visit www.typti.com. Questions about programming at Courtside Racquet Club, contact us at info@courtsideracquet.com or call (908) 713-1144.



Check-out our Club's Pro Shop!

Our pro shop has the largest tennis and pickleball product offering of any club around with all of the latest and greatest apparel, footwear, and racquets that the industry has to offer. We carry clothing brands such as Nike, Sofibella, and Tail, as well as all the top racquets from Yonex, Dunlop, Babolat, and HEAD.

AND COMING SOON: TYPTI RACQUETS AND BALLS!

- Our VIP members get 20% off clothing and shoes.
- We match any authorized dealer's advertised price for tennis racquets—bring it on!



STEVE'S TENNIS TIP

10 ESSENTIAL TENNIS STRING FACTS EVERY PLAYER SHOULD KNOW

1. STRINGS "DIE" BEFORE THEY BREAK.

Polyester strings often lose playability and feel “dead” after roughly 10–20 hours of play, long before they actually snap. They lose elasticity, snapback, and responsiveness, turning a lively stringbed into a boardy one.

2. TENSION DROPS SIGNIFICANTLY IN THE FIRST 24 HOURS.

Most strings lose 10–25% of initial tension shortly after stringing. Polyester loses the most (often 20–25%+), while natural gut loses the least (around 10%). The biggest drop happens in the first day, with further gradual loss over time.

3. LOWER TENSION = MORE POWER AND LAUNCH ANGLE. HIGHER TENSION = MORE CONTROL (AND LESS POWER).

This is one of the most commonly misunderstood concepts. Many players crank tension for “control” but end up with a low-powered, arm-jarring setup. Experiment downward (a few pounds at a time) for better feel and pop.

4. RESTRING AS MANY TIMES PER YEAR AS YOU PLAY PER WEEK (FOR AMATEURS).

This classic rule of thumb remains solid advice. If you play 3 times a week, aim to restring about 3 times a year. Higher-level or more competitive players should restring more frequently because they notice (and are hindered by) tension loss and dead strings sooner.

5. THINNER STRINGS (HIGHER GAUGE) GENERALLY PROVIDE MORE SPIN, POWER, AND FEEL.

Thinner gauges bite the ball better, flex more easily, and snap back faster for spin. They also tend to feel more responsive. Thicker strings (lower gauge) offer greater durability and slightly more control/stability but less spin potential for most players.

6. STIFF POLYESTER STRINGS AT HIGH TENSIONS ARE A LEADING CONTRIBUTOR TO TENNIS ELBOW.

They transmit more shock and vibration with less forgiveness. Combine this with stiff racquets, poor technique, or overuse, and the risk rises sharply. Softer strings (multifilament, natural gut, or softer polys) or lower tensions are far more arm-friendly.



7. HYBRIDS ARE THE PRO “CHEAT CODE.”

Many pros and advanced players use hybrid setups—commonly polyester in the crosses with natural gut (or multifilament) in the mains, or vice versa. This blends the control/spin of poly with the comfort, power, and tension maintenance of gut.

8. COLD WEATHER MAKES STRINGS PLAY STIFFER.

Lower temperatures increase string stiffness, reduce power, and shrink the effective sweet spot. Consider slightly lower tension or softer strings in winter for better feel.

9. NATURAL GUT HOLDS TENSION FAR BETTER THAN POLYESTER.

Gut maintains tension and playability for weeks or even months. Polys start losing tension and responsiveness almost immediately (often noticeably within the first few hours of play).

10. STRINGS IMPACT YOUR GAME MORE THAN YOUR RACQUET.

A fresh, well-matched string setup can transform power, spin, control, comfort, and confidence way more dramatically than switching frames. Don't be afraid to experiment—stringing is relatively inexpensive compared to new racquets.

QUICK BONUS TIPS

- Pre-stretching polys can help reduce initial tension loss.
- Track your hours on strings, not just calendar time.
- For elbow issues, prioritize softer hybrids or multis before blaming your racquet.

