

COURTSIDE RACQUET CLUB

1115 Route 31 South
Lebanon, NJ 08833

(908) 713-1144

TIME TO SIGN-UP FOR SPRING!

JUNIOR and
ADULT CLINICS

CHALLENGER
circuit



Puppy
Pound

**Doubles
League**



**Late Nite
Doubles League**

pickleball
@COURTSIDE
“Social pickle”

&
SPRING
CLINICS

Have something to share? Please send relevant
pictures, articles, or other tennis related material
to Steveb@courtsideracquet.com.



We are on Facebook and Instagram!
@CourtsideRacquetClub and @Courtsidepickleball

THE COURTSIDER

SPRING 2026



SUMMER IS COMING!
What will your kids be doing?



COURTSIDE
RACQUET CLUB

www.courtsideracquet.com

Inside...

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TopDog

*Early sign-up available for our
highly acclaimed TopDog &
High School Tennis Summer
Camps (for ages 7-18)*

Have Fun & Make Friends!

Learn & Improve Your
Tennis Skills

Indoor and Outdoor Camps

Play Safe in Our Huge Indoor
Camp Space

Play Comfortably Indoors
with Air Conditioning

FREE Before & After Care!

BENEFITS OF SUMMER TENNIS CAMP

W

hy summer camp? Summer tennis camp allows kids to become independent and develop self confidence all while making new friends. The best camps will also teach new skills, what better than the sport of tennis? A lifetime skill that incorporates exercise!

Summer Tennis Camp develops life skills needed to become successful adults.

Summer Tennis Camp educates the whole child.

Summer Tennis Camp helps build mental stimulation and physical activity.

Summer Tennis Camp reinforces independence and empowerment.

Summer Tennis Camp allows for confidence to be reinforced by success.

Summer Tennis Camp instills appreciation and gratitude.

Summer Tennis Camp allows children to unplug from technology.

Summer Tennis Camp allows for plenty of time for play which kids develop socially and emotionally.

Summer Tennis Camp nurtures social skills and builds friendships

Summer Tennis Camp models healthy living.

Summer Tennis Camp is fun!



Come on In – We're Open



THE BEST PRO SHOP AROUND!

Our pro shop has the largest tennis and pickleball product offering of any club around with all of the latest and greatest apparel, footwear, and racquets that the industry has to offer. We carry clothing brands such as Nike, Sofibella, and Tail, as well as all the top racquets from Yonex, Dunlop, Babolat, and HEAD.

DID YOU KNOW:

- Our VIP members get 20% off clothing and shoes.
- We match any authorized dealer's advertised price for tennis racquets—bring it on!

STEVE'S TENNIS TIP

CLOSING OUT A MATCH

So, you are in a position to win a match, what you do to "finish it" determines the outcome. Many players become nervous in this situation. Remember: Being a little nervous will actually increase your performance level.

But if all the control you had during the match to get you to this point begins to disappear your mind will race, you'll panic and you'll get tight. Sound familiar?

HERE'S WHAT TO DO:

Stick to what got you there... Play smart, if you built your lead using a specific playing style, stick with it!

Play every point like its match point... Some of the players on tour play as if they are losing instead of winning. This state of mind can maintain their level of focus throughout a match and allow them to play tougher.

Expect your opponent to fight for every point... They want to win the match as much as you do so don't be surprised if they continue to fight hard and get everything back.

Maintain your optimal level of relaxation... Focus on your breathing and relaxing your muscles in between points. In fact, to prevent excessive nervousness you should be



Steve Bork,
GM and Director of Tennis

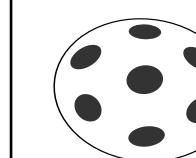
applying relaxation exercises throughout the entire match. Take slow deep breaths, you need to stay calm so you can control the tempo of the match.

Don't "Play not to lose"... You will become too tentative. Try to take it to your opponent!

Remember to... Look across the net and be assured that your opponent is as nervous as you are. Sometimes it helps to relax when you realize that they are in the same boat as you!



Just a reminder about FREE Play!



Spring Dates: April 3 - 4 and May 25th

Summer Dates: June 15 through Labor Day

All Courtside VIP members are welcome to book court time and play for free during these periods.

Courtside program members, Courtside Team members, and non-Courtside members are welcome to play but must pay the regular court fees for tennis and pickleball.

Booking privileges are the same as always: you are allowed to book 3 weeks in advance; however, if you book and do not cancel your court time 24 hours in advance, you will be charged for the time you booked and the money will be donated to Courtside's charity of choice.

Please note, the Club is closed on Easter, April 5.

