

COURTSIDE RACQUET CLUB

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SPRING SIGN-UPS FOR:

JUNIOR and ADULT CLINICS

Participating in clinics at Courtside is a great way to learn the sport, advance your level, or develop new skills. We offer JUNIOR and ADULT CLINICS each day of the week for all levels (beginner, intermediate, and advanced).

Clinics begin at age 4 with our **PUPPY POUND** and continue with various programs offered until age 18.

CHALLENGER circuit

There is no Substitute for Match Play.

Getting organized match experience as a junior player is much more difficult to come by compared to other sports. The Junior Challenger Circuit is a great way to gain match experience. They will be playing against many different types of opponents and will be better prepared in future match-ups. Match play at a young age is important to help implement skills learned through lessons, clinics and practice.

Doubles League

If you are looking for team play without the travel to other clubs then our round robin league is perfect for you. We organize this round robin style doubles league for levels: 3.0, 3.5, and 4.0.

LATE NITE ACTION

Wednesday nights, from 9:00 pm–10:30 pm. We have open singles and doubles play with no commitment to attend every week.



Have something to share? Please send relevant pictures, articles, or other tennis related material to Steve@courtsideracquet.com.



We are on Facebook and Instagram!
[@CourtsideRacquetClub](https://www.facebook.com/CourtsideRacquetClub) and [@Courtsidepickleball](https://www.instagram.com/Courtsidepickleball)

THE COURTSIDER

SPRING 2025

HEADS-UP! IT'S TIME TO SIGN UP FOR SUMMER CAMPS!

Join our High School Elite Summer Tennis Camp and elevate your game under the expert guidance of Coach Luis Fidalgo and Bobby Weiss, who together bring over 50 years of experience to the court. This intensive program is designed to sharpen your skills through dynamic warm-ups, fitness training, footwork drills, and the development of patterns of play and strategy. Experience hands-on group drills and match play that prepare you for competitive success. Don't miss this opportunity to learn from the best and take your tennis skills to new heights!



As another year of Summer

Tennis Camp approaches, I am excited to be leading camp for the fourth year at Courtside Racquet Club. With 15 years of experience running tennis camps, my goal is to create a fun, engaging, and rewarding experience for every camper. Our program focuses on developing strong fundamentals, improving technique, and introducing match play through interactive games. Beyond tennis, we emphasize teamwork, confidence, and independence on the court through stories, challenges, and structured activities. Whether your child is picking up a racquet for the first time or looking to advance their skills, we ensure a supportive, safe, and energetic environment for all. We are thrilled to welcome both returning and new campers for another incredible summer of learning and fun. Thank you for being part of our camp, we can't wait to get started!
—Stefan, Courtside Pro

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www.courtsideracquet.com

Inside...

Pickleball, the Next Level

Steve's Tennis Tip

Spring AND Summer Programs Enclosed

New COFFEE Machine

pickleball ***The Next Level***

Courtside Racquet Club is taking pickleball play to the next level.

We are excited to announce the creation of our digital club with DUPR, the most accurate global rating system in the sport. It is designed to help our community play more competitive matches and ensure everyone is matched with players of similar skill levels. We are hoping many members will take advantage of this opportunity to establish a DUPR rating or to strengthen their current rating.

Pickleball has been growing at an incredible pace, and with its rise in popularity comes the need for a reliable and standardized rating system. DUPR (Dynamic Universal Pickleball Rating) has emerged as

one of the most widely accepted methods for rating pickleball players worldwide. DUPR is revolutionizing how players, clubs, and tournament organizers assess skill levels in pickleball. Its dynamic, inclusive, and precise nature makes it one of the best tools for competitive players looking to track their progress and compete at the right level. Whether you are a beginner looking to improve or an advanced player aiming for top rankings, DUPR provides a fair and accurate way to measure your skill in the rapidly growing world of pickleball.

Courtside offered our first DUPR game sessions to Courtside members on February 8th, 1pm and 5pm. Games were played to 11 points, win by 1. Participants played with



different partners per game and played as many games as possible in each of the 2-hour sessions. Game scores were then entered by Courtside and will receive weight in the DUPR algorithm comparable to tournament play.

The more DUPR games a player competes in, the more accurate their rating becomes.



Our Pickleball events are exploding! Keep an eye out for future events, including tournaments, benefits, socials, clinics and more! Follow on Facebook: @pickleballeventsatCourtsideRacquetClub and Instagram: @courtsidepickleball and be in on the action.

STEVE'S TENNIS TIP

WHAT TO DO IN A SLUMP?!



Steve Bork,
GM and Director of Tennis

Let's discuss something we have all experienced from time to time...a slump.

First off don't panic, this happens to all athletes no matter what level they are playing at, and in whatever sport. The good news is that much the same in life all storms come to an end and so will your slump.

HERE ARE SOME TIPS THAT YOU CAN USE TO SURVIVE.

- Take it easy on yourself. Try not to take it so seriously. This isn't life and death we are talking about and even the most elite players suffer its wrath. You will get through it!

- Don't over-think about what's going on. Put yourself in cruise control and let it go! Just let your body do what it knows how to do. How many times have you heard the phrase "paralysis by analysis". If you think about all the things that are going wrong your body will freeze up.

- Take a couple of days off and chill out! Most people I talk to about this want to hit 100 times more balls and work through it which creates even more rigidity. Sometimes taking a little time and re-booting helps you rejuvenate.

- If you're going to play through it, play through it by hitting around with someone, not by playing competitive matches. Playing matches and getting pummeled will not do any wonders for your psyche.

- Play weaker players or hit with players that you always do well against. You need to re-inflate your confidence. P.S. just don't tell the person you're about to play that's what you are trying to do ;)

Ideas for the next tip in the *Courtsider*? Please email Steve at steveb@courtsideracquet.com



Brew up a fun name for our coffee machine and win! Your cleverest name earns you either a sleeve of pickleballs or a can of tennis balls. Get creative!