

COURTSIDE RACQUET CLUB

2009 USTA NATIONAL FACILITY OF THE YEAR
2013, '14, '15, '16, '17, 18 USTA Middlestates Premier Facility

1115 Route 31 South
Lebanon, NJ 08833
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Show us Your Top Dog! (or other pet)
He or she may be featured in an upcoming "Courtsider"



Our very own GM's "Top Dog",
looking happy with her very
own "Top Dog" tee!



This "Top Dog" also enjoys getting cozy in a
Challenger Circuit tee!



We are Facebook and Instagram!
/@CourtsideRacquetClub

Have something to share?
Please send relevant pictures, articles,
or other tennis related material to
Steveb@courtsideracquet.com.



SUMMER
2021

THE COURTSIDER

What's in the Water??

Have you ever
wondered
about the
water you drink at
Courtside?

Here at the club, we pride ourselves on providing our members and guests with the latest and safest technology for all of our building infrastructure. Just to give you a brief overview, here's some information about our water systems here at Courtside.

Courtside uses a two-stage water purification system that starts with a 1.0 Micron Sediment Filter. This filter is attached at the point where the water comes into the main building. It essentially functions as a net that catches unwanted particles as water flows into our system.

The second part of our system is a series of Micron Carbon Block filters that further eliminate any impurities and contaminants from the water so that any unpleasant taste or smell is also removed from the water. Each of the areas where there is potable drinking water in the building (the courts, the kitchen sink and the ice machine) have a separate 5.0 Micron Carbon Block filter attached. This filter is changed every 6 months.

Finally, all of the water at Courtside is treated with a whole building water softener to prevent plumbing problems. This system includes a UV light filter to help sterilize and disinfect the water. A UV disinfection system deactivates 99.99% of living organisms in the water. They run constantly to guarantee the water you drink and use is always safe.



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www.courtsideracquet.com

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TIME TO SIGN-UP FOR FALL:

JUNIOR & ADULT CLINICS

Participating in clinics at Courtside is a great way to learn the sport, advance your level, or develop new skills. We offer JUNIOR and ADULT CLINICS each day of the week for all levels (beginner, intermediate, and advanced).

Junior clinics begin at age 4 with our **PUPPY POUND** classes and go until age 18.

Ladies Doubles League

If you are looking for team play without the travel to other clubs then our round robin league is perfect for you. We will be organizing this round robin style doubles league. Fridays from 10:00 a.m. to 2:00 pm. Play as you Go! Courtside will provide balls and trophies for 1st and 2nd place teams. 3.0, 3.5, 4.0 levels Contact Ethel or Bobby at the club to register.

UTR CHALLENGER circuit

There is no Substitute for Match Play.

Getting organized match experience as a junior player is much more difficult to come by compared to other sports. The Junior UTR Challenger Circuit is a great way to get junior players match experience. They will be playing against many different types of opponents and will be better prepared in future match-ups. Match play at a young age is important to help implement skills learned through lessons, clinics and practice.

Every Sunday Courtside holds match-play for junior players. There are different time slots assigned to different ages and levels between the times of 12:00 – 6:00 pm. It is a great way for junior players to get a better understanding of their current level and a great way to track progress.

MEN'S DOUBLES LEAGUE LATE NITE CROWD

Join the guys on Wednesday nights from 9:00 pm–10:30 pm. We have open doubles play with no commitment to attend every week. A new can of balls is provided each week.

PICKLEBALL

Have fun at our **“Social Pickle”** open to all levels, Monday and Wednesday nights from 7:00 to 9:00pm.

If you're new to the sport, or want some lessons in how to beef up your game,, check out our **PICKLEBALL CLINICS**, open to all levels.

STEVE'S TENNIS TIP

TENNIS *Etiquette* 101

With the recent surge in Courtside's Junior Tournament participation, I thought it might be prudent to list some do's and don'ts for juniors and parents on tennis etiquette. Please adhere to the below list for a stress free environment.

DO:

- Know the rules
- Confirm your match time and location
- Only check in when you are READY-to-PLAY (shoes on, water, racquets...)
- Introduce yourself to your opponent
- Spin your racquet before starting your warm-up
- Call the score loudly and clearly
- Wait until players finish a point before walking on or behind another curtain to retrieve a ball
- The ball is "in" if you don't clearly see it out
- Hold or pocket two balls on first serve

- Discuss score disagreements in an even manner

- Applaud your opponents for good shots

- Shake hands after the match
- Carry your own equipment
- Win or lose, report to the tournament desk after the match

DON'T:

- Show up late for your match
- Shout or make loud noises in the middle of a point
- Engage in "gamesmanship"
- Foot fault
- Talk to friends, parents, coaches, or spectators during the match
- Refer to your opponent in derogatory terms
- Slam the ball off the court or throw your racquet
- Speak in the middle of a point



Steve Bork,
GM and Director of Tennis

- Interrupt play on adjacent courts
- Cheat to "get even" with your opponent

PARENTS:

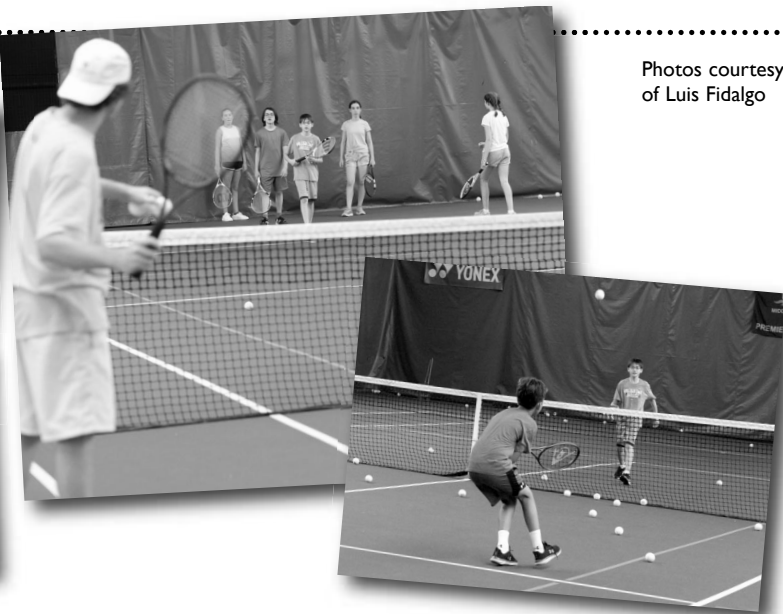
- Remember: The match is on the court! DO NOT GET INVOLVED!
- Allow your player to handle their problems
- Don't talk to your child during a match
- Don't cheer or applaud when the opponent misses a shot
- Don't check in for your child; it's their job
- Don't get involved in arguments with other parents
- Don't yell at your child when they make a bad shot
- ALWAYS: Support your child's effort — WIN or LOSE!

Fun at Courtside Summer Camp 2021!

Another fun summer was had by all at our TOP DOG Tennis Camp! We look forward to seeing you next year.

Thanks to all who participated!

And don't forget, you can let the fun continue! Courtside hosts Tennis Parties, just give us a call to set something up!



Photos courtesy of Luis Fidalgo