

Rabid Dog

Registration Form 2011

Please check Session(s):

- Session 1:** Hunterdon Central High School
6/27-6/301-4 pm Co-ed
- Session 2:** Hunterdon Central High School
7/5-7/81-4 pm Co-ed
- Session 3:** Hunterdon Central High School
7/11-7/141-4 pm Co-ed
- Session 4:** Hunterdon Central High School
7/18-7/211-4 pm Co-ed
- Session 5:** Hunterdon Central High School
7/25-7/281-4 pm Co-ed
- Session 5:** Voohees High School
7/25-7/291-4 pm H.S. Girls
- Session 6:** North Hunterdon High School
8/1-8/59 am-12 or 4 pm H.S. Girls
- Session 7:** Hunterdon Central High School
8/8-8/129 am-12 or 4 pm H.S. Girls
- Session 7:** Hunterdon Central High School
8/8-8/121-4 pm H.S. Boys
- Session 8:** Branchburg White Oak Park
8/15-8/199 am-12 Boys

Pricing:

Co-ed: 4 day camps \$200
 High School: 5 day half-day camp \$240/full-day camp \$400
 Day visits: \$60 half-day/\$100 full-day

Multiple week discounts and 3rd child discounts available

Amount Enclosed: \$ _____

Please check: VIP #: _____

Check Enclosed OR:

Mastercard Visa American Express

Exp. date: _____

Credit Card Number: _____

Signature: _____

Please make checks payable to:

Courtside Racquet Club, Top Dog Summer Camp,
1115 Route 31 South, Lebanon, NJ 08833

Both sides of registration required to be filled out completely,
thank you.



Rabid Dog

Camp Dates, Locations and Times

- Session 1:** Hunterdon Central High School
6/27-6/30.....1-4 pm.....Co-ed
- Session 2:** Hunterdon Central High School
7/5-7/8.....1-4 pm.....Co-ed
- Session 3:** Hunterdon Central High School
7/11-7/14.....1-4 pm.....Co-ed
- Session 4:** Hunterdon Central High School
7/18-7/21.....1-4 pm.....Co-ed
- Session 5:** Hunterdon Central High School
7/25-7/28.....1-4 pm.....Co-ed
- Session 5:** Voohees High School
7/25-7/29.....1-4 pmH.S. Girls
- Session 6:** North Hunterdon High School
8/1-8/5.....9 am-12 or 4 pmH.S. Girls
- Session 7:** Hunterdon Central High School
8/8-8/12.....9 am-12 or 4 pmH.S. Girls
- Session 7:** Hunterdon Central High School
8/8-8/12.....1-4 pm.....H.S. Boys
- Session 8:** Branchburg White Oak Park
8/15-8/19.....9 am-12Boys

NEW!
Top Dog
 Camp

Rabid Dog

Take your game to the highest level.

COURTSIDE RACQUET CLUB

2009 USTA NATIONAL FACILITY OF THE YEAR

1115 Route 31 South
Lebanon, NJ 08833

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908•730•8225 (fax)

COURTSIDE RACQUET CLUB

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www.courtsideracquet.com

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Rabid Dog

Take your game to the highest level.

Courtside's Top Dog Pure Players Program aka Rabid Dog Camp

Courtside's Rabid Dog Program is designed for junior tennis players who are at or reaching a highly competitive level of play and be competing on their High School teams or more. Players who attend Rabid Dog Camp should be prepared to work hard each day and invest their time in improving their tennis, fitness and mental games with the help of Top Dog's leadership.

The Rabid Dog Zen

At Rabid Dog camp, we strive to offer an experience for each participant that will allow him or her to advance their on and off court skills relative not only to the game of tennis but also to the day to day challenges we each face. We want to help to develop competitors as well as students who understand competition; players who can play tennis and also players who understand the game of tennis. We want to help develop students who strive to get better each day and enjoy the pursuit of improving!

The Rabid Camp Staff

The Rabid Dog camp is directed by Steve Bork and Bruce Levine. Steve and Bruce have coached many nationally and regionally ranked players and ATP and WTA Tours. The Rabid Dog camp staff is made up of coaches and teaching professionals who are either full time teaching pros or college players. The staff is trained and well practiced in drills and techniques to help players compete at the tournament and scholastic levels. They are also trained to "coach" players and not just teach them strokes.

The Rabid Dog Typical Day at Camp

A typical camp day at the Rabid Dog Program begins at 9:00am with a 30 minute stretch and warm up as a big group. During the warm up there will be a discussion and overview of the goals and objectives for that day as well as the drills that may be done to achieve the goals.

Once the stretching and warm up are done, students will break into groups and head out to the courts. Each group will be doing drills of a similar nature and common goal, but suited and adapted to fit the skill level of their group. Doing this will ensure and guarantee that players will have the opportunity to improve.

After 90 minutes of drilling and working on skills; a match play and point coaching period will begin. This area of the camp day will allow the coaches to see and interact with the players immediately when corrections need to be made and players are in the action of playing points.

The Rabid Dog Camp Daily Breakdown

- 9:00** Stretch and warm up; topic of the day discussions and drill preview
- 9:30** Daily drills and skill work
- 11:00** Constructed point play with stress on skills and topics of the day
- 11:30** Open match play with critique by professionals
- 12:00** Cool down and wrap up discussion



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Registration Form 2011

Participant Name: _____

I am an Advanced Player.

Parent/Guardian Name (if participant is under 18):

E-mail: _____

Address: _____

City: _____ Zip: _____

Home Telephone: (_____) _____

Daytime Telephone: (_____) _____

Emergency Contact: _____

Telephone: (_____) _____

Release Statement: I, the parent/guardian of the Participant, a minor, hereby agree that the Participant and I will abide by the rules of Courtside Racquet Club, LLC and we hereby release, discharge, and/or otherwise indemnify Courtside Racquet Club, LLC, its owners, officers, employees and instructors against any claim by or on behalf of the Participant or any third party arising out of Participant's involvement in any activities at Courtside Racquet Club. I certify that the Participant is healthy, in sound physical condition and otherwise competent to participate in activities at Courtside Racquet Club. In my absence, I hereby authorize and consent for the Participant to be transported for emergency medical care, if necessary, and for such emergency medical treatment as may be determined to be in Participant's best interest by the appropriate medical personnel.

Date: _____

Print Name: _____

Signature: _____

Both sides of registration required to be filled out completely, thank you.